

Tweet G+1 0 + reddit this!

Toronto

- HOME
- NEWS
- IEWS
- ENTERTAINMENT
- LIFE
 - Food
 - Money
 - Health
 - Travel
 - Technology
 - Careers
- WHEELS.CA
- BUSINESS
- SPORTS
- YOUR HOME
- HOROSCOPES
- GAMES
- FEATURES
- SPECIAL FEATURES
- CONTESTS
- FLYERS

Life / Health

Study: Taking abortion pill at home as safe as in a clinic



FILE - This Sept. 22, 2010 file photo shows bottles of the abortion-inducing drug RU-486 in Des Moines, Iowa. A new study published Tuesday, May 16, 2017 shows medical abortions done at home with online help and pills sent by mail appear to be just as safe as those done at a clinic. The research tracked 1,000 women in Ireland and Northern Ireland, who used a website to get abortion pills by mail and get around strict abortion laws. (AP Photo/Charlie Neibergall)

By: Maria Cheng The Associated Press Published on Wed May 17 2017

LONDON — Medical abortions done at home with online help and pills sent in the mail appear to be just as safe as those done at a clinic, according to a new study.


The research tracked the outcomes of 1,000 women in Ireland and Northern Ireland, who used a website run by a group called Women on Web to get abortion pills. The Netherlands-based non-profit provides advice and pills to women seeking an early abortion in more than 140 countries where access to abortion is restricted. Ireland and Northern Ireland have some of the world's strictest laws, often only granting approval when a woman's life is at risk.


To use the service, women complete an online form, which is reviewed by a doctor. They are sent two drugs in the mail — mifepristone and misoprostol — and given instructions on how to take the pills, which have been used since 1988 to induce early abortions. They are later asked to fill out an evaluation form.


About 95 per cent of the women in the study reported successfully ending their pregnancy; nearly all were less than nine weeks pregnant at the time of the online consultation. The researchers said less than 10 per cent reported symptoms of a potentially serious complication like very heavy bleeding, fever or persistent pain, comparable to the rates for women who seek medical abortions at clinics where abortion is legal. Seven women needed a blood transfusion and 26 received antibiotics. No deaths were reported. Follow-up information was missing for about one-third of the 1,636 women who were sent pills over three years, so some complications may have been missed.


The study was published online Tuesday in the British journal, The BMJ. Women on Web provided the data and the patient feedback for the study; two of the authors are affiliated with the group. In the past decade, the group has helped about 50,000 women have a medical abortion at home.

Most Popular

- 

Shaking it up: Ground-breaking new salt study goes against the grain
- 

Update: Toronto Island may be closed 'well into July,' officials say
- 

Police looking for suspect in Lower Sackville armed robbery
- 

Teen dies after drinking latte, Mountain Dew and energy drink in two-hour span

Tweet G+1 0 [+ reddit this!](#)

former health care system can be safe and effective," said Dr. Abigail Aiken, an assistant professor at the University of Texas at Austin who led the study. "Women are very capable of managing their own abortions and they're able to determine themselves when they need to seek medical attention."

Other experts agreed the study shows how women might be able to safely sidestep restrictive abortion laws.

"This undermines the efficacy of these laws and leaves them unenforceable," said Bernard Dickens, a professor emeritus of health law and policy at the University of Toronto, who co-wrote an accompanying commentary. He cited a number of legal loopholes that would make it difficult to prosecute people helping women have an abortion at home.

Aiken said the website does not operate in the U.S. but that a telemedicine study of the abortion pill is underway.

Linda Kavanath, a spokeswoman for the Abortion Rights Campaign in Ireland, said women should be reassured about the safety of doing a medical abortion on their own, adding that the threat of a 14-year jail sentence in Ireland has had a chilling effect.

"These services will exist until the legislation is changed to grant women access to abortion," she said. "Women will always find a way to have abortions and we're just fortunate that these safe methods now exist."

—
 This story has been corrected to show the rate of complications is less than 10 per cent , not less than 1 per cent , and to show pills were sent to 1,636 women instead of 1,500.

Editors' Picks

What cultural appropriation is, and why you should care: Shree Paradkar



'Truly exceptional': From the oilsands emerges the best-preserved armoured dinosaur ever found



Video: Dinosaurs may still be here had asteroid hit at different time or place



Update: 'World's saddest dog' has new foster home after being returned to shelter

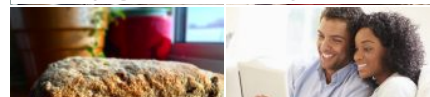


One vacation problem solved: All of the books, none of the w...



Paperless bookkeeping made

Make it tonight: Cheesy roasted



Diverse foods flourish in the city's nor...

5 important questions for first-time hom...

My Money, My Choices



Splitting the bill the fair way: Why the higher earner should pay more

It comes down to math: The first step is to add your net incomes together. Then divide each individual income by this figure and multiply by 100.

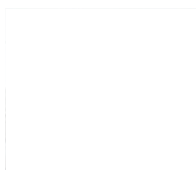


Stop with the excuses: The first step to solving your money problems is facing them head on

So many people see the math of money as overwhelming. It isn't. It's Grade 5 math. Stop using this excuse!

[More Gail Vaz-Oxlade...](#)

More on Metronews.ca



Tweet



0



reddit this!

About

- [About Us](#)
- [Contact](#)
- [Careers](#)
- [RSS Feeds](#)

Terms

- [Advertising Terms](#)
- [Terms and Conditions](#)
- [Privacy Code](#)

Metronews.ca

- [My Metro Store](#)
- [Contests](#)
- [Metro Panel](#)
- [Special Features](#)
- [FAQ](#)